



Practice Poster

Keep this visible near your practice location!

My dedicated daily practice time is: _____

What is my practice goal? Is this goal specific and appropriate for one day's worth of practice time? Is this written in my practice record?

What counts as "practice"?

- 1) Long tones/buzzing/breath control
- 2) Scales as written and with different articulation patterns (slur/tongue)
- 3) Sight-reading (reading through an entire piece without stopping to fix mistakes)
- 4) Fixing mistakes by:
 - a. Marking your music as mistakes arise
 - b. Playing through things slowly and accurately
 - c. Repeating challenging areas slowly until they are precise and correct
- 5) Playing to maximize musical phrasing
- 6) Recording yourself, then playing it back to hear how you really sound
- 7) Always with a metronome**
- 8) Always with a tuner**

What does NOT count as "practice"?

- 1) "Noodling" around
- 2) Playing the stuff you already know
- 3) Being distracted in the middle of a practice session (watching TV, checking the computer, texting, etc.)

Did I accomplish my goal? If not, keep working! If yes, congratulate yourself!